



Parks
Make
Life
Better!



SEPTEMBER 2025

Frank A. Bergon Center
238 S. D Street - Madera, CA
Monday - Friday 9am-2pm
(559) 673-4293

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9-10 Coffee/News 10:30-11 Art's & Crafts 11 -1 Karaoke	2 9 -10 Coffee/News 10-10:30 Chair Yoga 10:30 -11 Nail Salon 11 -11:45 Tech Class 12 -1 Fuze Bead Keychains	3 9 -10 Coffee/News 10:30-11 Weight Training 11 -11:45 Tech Class 11:30-12:30 Nail Salon 12: -1 Music/Dance	4 9-10 Coffee/News 10 -10:30 Billard's, Cards and Board Games 10:30 - 11 Weight Training 12 -1 Bingo	5 9-10 Coffee/News 10:30-11 Art's & Crafts 11:30-12 :30 Music/Dance 12:30- 1 Movie	6
7	8 9-10 Coffee/News 10:30-11 Art's & Crafts 11 -1 Karaoke	9 9 -10 Coffee/News 10-10:30 Chair Yoga 10:30 -11 Nail Salon 11 -11:45 Tech Class 12 -1 Fuze Bead Keychains	10 9 -10 Coffee/News 9:30 - 11:00 HICAP Presentation 11 -11:45 Tech Class 11:30-12:30 Nail Salon 12: -1 Music/ Dance	11 9-10 Coffee/News 10 -10:30 Billard's, Cards and Board Games 10:30 - 11 Weight Training 12 -1 Bingo	12 9-10 Coffee/News 10:30-11 Art's & Crafts 11:30-12 :30 Music/Dance 12:30- 1 Movie	13
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Activity Schedule



Walking Class
Tuesdays
12-12:30 PM

Chair Yoga
Tuesdays
10-10:30 AM

Weight Training
W & TH
10:30-11 AM

**Health Insurance Counseling &
Advocacy Program**
Every Wednesday | 9:30 Am - 11:30 Am

LUNCH IS SERVED
M-F @ 11:30 a.m.

****Participants must be at least
60 years old and must reserve
lunch by 10:30 a.m. the
day prior.***

Join Us for our Monthly Potluck
Every last Friday of the month. Bring
your most delicious homemade
dishes or treats.

Fall
is in the
air

