



**Parks  
Make  
Life  
Better!**



# JULY 2025

## Frank A. Bergon Center

238 S. D Street - Madera, CA  
Monday - Friday 9am-2pm  
(559) 673-4293



Sun	Mon	Tue	Wed	Thu	Fri	Sat	Activity Schedule
		1 9 -10 Coffee/News 10-10:30 Chair Yoga 10:30 -11 Nail Salon 11 -11:45 Tech Class 12 -12:30 Walking Class	2 9 -10 Coffee/News 10:30-11 Weight Training 11 -11:45 Tech Class 11:30-12:30 Nail Salon 12: -1 Watercolor Painting	3 9-10 Coffee/News 10 -10:30 Billard's, Cards and Board Games 10:30 - 11 Weight Training 12 -1 Bingo	4 	5	 <b>Walking Class</b> <b>Tuesdays</b> <b>12-12:30 PM</b>  <b>Chair Yoga</b> <b>Tuesdays</b> <b>10-10:30 AM</b>  <b>Weight Training</b> <b>W &amp; TH</b> <b>10:30-11 AM</b>   <b>LUNCH IS SERVED</b> <b>M-F @ 11:30 a.m.</b> <b><i>*Participants must be at least 60 years old and must reserve lunch by 10:30 a.m. the day prior.</i></b>  <b>July 22<sup>nd</sup> Social Ice cream!</b> <b>Come Join Us For A Sweet Treat</b>
6	7 9-10 Coffee/News 10:30-11 Art's & Crafts 11 -1 Karaoke	8 9 -10 Coffee/News 10-10:30 Chair Yoga 10:30 -11 Nail Salon 11 -11:45 Tech Class 12 -12:30 Walking Class	9 9 -10 Coffee/News 10:30-11 Weight Training 11 -11:45 Tech Class 11:30-12:30 Nail Salon 12: -1 Mandala Painting	10 9-10 Coffee/News 10 -10:30 Billard's, Cards and Board Games 10:30 - 11 Weight Training 12 -1 Bingo	11 9-10 Coffee/News 10:30-11 Art's & Crafts 11:30-12 :30 Music/Dance 12:30- 1 Movie	12	
13	14 9-10 Coffee/News 10:30-11 Art's & Crafts 11 -1 Karaoke	15 9 -10 Coffee/News 10-10:30 Chair Yoga 10:30 -11 Nail Salon 11 -11:45 Tech Class 12 -12:30 Walking Class	16 9 -10 Coffee/News 10:30-11 Weight Training 11 -11:45 Tech Class 11:30-12:30 Nail Salon 12 -1 Garden Stone Painting	17 9-10 Coffee/News 10-1 Billard's, Cards and Board Games 10:30 - 11 Weight Training 12-1 Bingo	18 9-10 Coffee/News 10:30-11 Art's & Crafts 11:30-12 :30 Music/Dance 12:30- 1 Movie	19	
20	21 9-10 Coffee/News 10:30-11 Art's & Crafts 11 -1 Karaoke	22 9 -10 Coffee/News 10-10:30 Chair Yoga 10:30 -11 Nail Salon 11 -11:45 Tech Class 12 -1:00 Social Ice Cream	23 9 -10 Coffee/News 10:30-11 Weight Training 11 -11:45 Tech Class 11:30-12:30 Nail Salon 12 -1 Embroidery Art	24 9-10 Coffee/News 10 -10:30 Billard's, Cards and Board Games 10:30 - 11 Weight Training 12 -1 Bingo	25 9-10 Coffee/News 10:30-11 Art's & Crafts 11:30-12 :30 Music/Dance 12:30- 1 Movie	26	
27	28 9-10 Coffee/News 10:30-11 Art's & Crafts 11 -1 Karaoke	29 9 -10 Coffee/News 10-10:30 Chair Yoga 10:30 -11 Nail Salon 11 -11:45 Tech Class 12 -12:30 Walking Class	30 9 -10 Coffee/News 10-10:30 Chair Yoga 10:30 -11 Nail Salon 11 -11:45 Tech Class 12 -1:00 Fuse Beads Art	31 9-10 Coffee/News 10 -10:30 Billard's, Cards and Board Games 10:30 - 11 Weight Training 12 -1 Bingo			







# JULY 2025

Pan-American Community Center  
703 Sherwood Way - Madera, CA  
Monday-Friday 9 am - 2pm  
(559) 675-2095



Sun	Mon	Tue	Wed	Thu	Fri	Sat	Activity Schedule
DAY TRIPS ARE SUBJECT TO CHANGE (RSVP Required)		1 9 -10 Coffee & News 9:15 -10:15 Walking Class 10:15-10:45 Chair Yoga 11 - 11:45 Tech Class 12 -1 Movie	2 9 -10 Coffee & News 10:30-11 Weight Training 11:15-11:45 Nail Salon 11:30-1 Pickleball 12:30-1:30	3 9 -10 Coffee & News 10:30-11 Weight Training 11:15-11:45 Nail Salon 11:30-1 Pickleball 12:30-1:00 Bingo	4 	5	<div>Bailoterapia M, W, &amp; F 9 -10 am </div> <div>Walking Class Tuesdays &amp; Friday's 9:15-10:15 AM</div> <div>Chair Yoga Tuesdays 10:15-10:45 AM</div> <div>Weight Training W &amp; TH 10:30-11 AM</div> <div>LUNCH IS SERVED M-F @ 11:30 am <i>*Participants must be at least 60 years old and must reserve lunch by 10:30 a.m. the day prior</i></div>
6	7 9-10 Coffee & News 9:15-10:15 Walking Class 10:15 -10:45 Mandala Art 11-11:45 Tech Class 11:30-1 Pickleball 12-1 Movie	8 9 -10 Coffee & News 9:15 -10:15 Walking Class 10:15-10:45 Chair Yoga 11 - 11:45 Tech Class 12 -1 Movie	9 9 -10 Coffee & News 10:30-11 Weight Training 11:15-11:45 Nail Salon 11:30-1 Pickleball 12:30-1:30 Embroidery Art	10 9 -10 Coffee & News 10:30-11 Weight Training 11:15-11:45 Nail Salon 11:30-1 Pickleball 12:30-1:00 Bingo	11 9 -10 Coffee & News 9:15-10:15 Walking Class 10:30-1:30 Karaoke	12	
13	14 9-10 Coffee & News 9:15-10:15 Walking Class 10:15 -10:45 Garden Stones Painting 11-11:45 Tech Class 11:30-1 Pickleball 12-1 Movie	15 9 -10 Coffee & News 9:15 -10:15 Walking Class 10:15-10:45 Chair Yoga 11 - 11:45 Tech Class 12 -1 Movie	16 9 -10 Coffee & News 10:30-11 Weight Training 11:15-11:45 Nail Salon 11:30-1 Pickleball 12:30-1:30 Movie	17 9 -10 Coffee & News 10:30-11 Weight Training 11:15-11:45 Nail Salon 11:30-1 Pickleball 12:30-1:00 Bingo	18 9 -10 Coffee & News 9:15-10:15 Walking Class 10:30-1:30 Karaoke	19	
20	21 9-10 Coffee & News 9:15-10:15 Walking Class 10:15 -10:45 Mandala Art 11-11:45 Tech Class 11:30-1 Pickleball 12-1 Movie	22 9 -10 Coffee & News 9:15 -10:15 Walking Class 10:15-10:45 Chair Yoga 11 -11:45 Tech Class 12 -1 Social Icecream	23 9 -10 Coffee & News 10:30-11 Weight Training 11:15-11:45 Nail Salon 11:30-1 Pickleball 12:30-1:30 Embroidery Art	24 9 -10 Coffee & News 10:30-11 Weight Training 11:15-11:45 Nail Salon 11:30-1 Pickleball 12:30-1:00 Bingo	25 9 -10 Coffee & News 9:15-10:15 Walking Class 10:30-1:30 Karaoke	26	
27	28 9-10 Coffee & News 9:15-10:15 Walking Class 10:15 -10:45 Garden Stones Painting 11-11:45 Tech Class 11:30-1 Pickleball 12-1 Movie	29 9 -10 Coffee & News 9:15 -10:15 Walking Class 10:15-10:45 Chair Yoga 11 -11:45 Tech Class 12 -1 Movie	30 9 -10 Coffee & News 10:30-11 Weight Training 11:15-11:45 Nail Salon 11:30-1 Pickleball 12:30-1:30 Movie	31 9 -10 Coffee & News 10:30-11 Weight Training 11:15-11:45 Nail Salon 11:30-1 Pickleball 12:30-1:00 Bingo			

