

DAY TRIPS ARE SUBJECT
TO CHANGE
(MUST R.S.V.P)

February

Pan-Am
Monday-Friday
9AM-2:00PM
559-675-2095



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>EXERCISE CLASSES BAILOTERAPIA PAN-AM M/W/F 9:00-10:00</p>						<p>1</p>
<p>2.</p>	<p>3</p> <p>9:00-10:00-Coffee/ News 9am-10am Bailoterapia 10:00-10:30- Chair Yoga 11:00-11:45 -Tech Class 11:30-1:00 -PICKLEBALL 12:00-1:00 -Arts & Crafts</p>	<p>4</p> <p>9:00-10:00 -Coffee/ News 10:00-10:30 Chair Yoga 10:15-11:00 WALKING CLASS</p>	<p>5</p> <p>9:00-10:00-Coffee & News 11:45-12:30 Tech Class 11:00-11:45- Nail Salon 11:30-1:00 Pickleball 12:00-1:00- Loteria</p>	<p>6</p> <p>9:00-10:00- Coffee/ News 9:30-10:30- weight training 10:30-1:00 Lees Kitchen 12:15-1:00- Bingo</p>	<p>7</p> <p>Social Dance @ FAB 5:30- 8:30 p.m.</p>	<p>8</p>
<p>9.</p>	<p>10</p> <p>9:00-10:00-Coffee/ News 9am-10am Bailoterapia 10:00-10:30- Chair Yoga 11:00-11:45 -Tech Class 11:30-1:00 -PICKLEBALL 12:00-1:00 -Arts & Crafts</p>	<p>11</p> <p>9:00-10:00 -Coffee/ News 10:00-10:30 Chair Yoga 10:15-11:00 WALKING CLASS</p>	<p>12</p> <p>9:00-10:00-Coffee & News 11:45-12:30 Tech Class 11:00-11:45- Nail Salon 11:30-1:00 Pickleball 12:00-1:00- MOVIE DAY</p>	<p>13</p> <p>9:00-10:00 -Coffee/ News 9:30-10:30- WALKING CLASS 12:15-1:00 Bingo</p>	<p>14</p>	<p>15</p>
<p>16.</p>	<p>17</p>	<p>18</p> <p>9:00-10:00 -Coffee/ News 10:00-10:30 Chair Yoga 10:15-11:00 WALKING CLASS</p>	<p>19</p> <p>9:00-10:00-Coffee & News 11:45-12:30 Tech Class 11:00-11:45- Nail Salon 11:30-1:00 Pickleball 12:00-1:00- Crochet</p>	<p>20</p> <p>9:00-10:00 -Coffee/ News 9:30-10:30- WALKING CLASS 10:00-1:00 pm Herndon Shopping center 12:15-1:00 Bingo</p>	<p>21</p> <p>9:00-10:00 -Coffee/ News 9:30-10:30- WALKING CLASS 10:30-1:00-Karaoke</p>	<p>22</p>
<p>23</p>	<p>24</p> <p>9:00-10:00-Coffee/ News 9am-10am Bailoterapia 10:00-10:30- Chair Yoga 11:00-11:45 -Tech Class 11:30-1:00 -PICKLEBALL 12:00-1:00 -Arts & Crafts</p>	<p>25</p> <p>9:00-10:00 -Coffee/ News 10:00-10:30 Chair Yoga 10:15-11:00 WALKING CLASS</p>	<p>26</p> <p>9:00-10:00-Coffee & News 11:45-12:30 Tech Class 11:00-11:45- Nail Salon 11:30-1:00 Pickleball 12:00-1:00- MOVIE DAY</p>	<p>27</p> <p>9:00-10:00 -Coffee/ News 9:30-10:30- WALKING CLASS 12:15-1:00 Bingo</p>	<p>28</p> <p>9:00-10:00 -Coffee/ News 9:30-10:30- WALKING CLASS 10:30-1:00-Karaoke</p>	

TO CHANGE
(MUST R.S.V.P)

February

FAB
Monday-Friday
9AM-1:30 PM
559-673-4293



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2.	3	4 9:00-10:00 -Coffee/ News 10:30-11:00- Chair Yoga 11:00-1:00 Karaoke	5 9:00-10:00-Coffee & News 11:45-12:30 Tech Class 11:00-11:45- Nail Salon 11:30- 12:30 Art's & Crafts 12:00-1:00- Scrapbooking	6 9:00-10:00- Coffee/ News 9:30-10:30- weight training 10:30-1:00 Lee Kitchen 12:15-1:00- Bingo	7 Social Dance 5:30- 8:30 p.m. 	8
9. 	10	11 9:00-10:00 -Coffee/ News 10:30-11:00- Chair Yoga 11:00-1:00 Karaoke	12 9:00-10:00-Coffee & News 11:45-12:30 Tech Class 11:00-11:45- Nail Salon 11:30-12:30 Art's & Crafts 12:00-1:00- Movie Day	13 9:00-10:00 -Coffee/ News 9:30-10:30 Weight Training 11:00- 12:00 Movie 12:15-1:00 Bingo	14 	15
16.	17 CLOSED	18 9:00-10:00 -Coffee/ News 10:30-11:00- Chair Yoga 11:00-1:00 Karaoke	19 9:00-10:00-Coffee & News 11:45-12:30 Tech Class 11:00-11:45- Nail Salon 11:30- 12:30 Art's & Crafts 12:00-1:00- Loteria	20 9:00-10:00 -Coffee/ News 9:30-10:30- Weight Training 10:00-1:00 pm Herndon Shopping center 11:00-12:00 Movie Day 12:15-1:00 Bingo	21	22
23	24	25 9:00-10:00 -Coffee/ News 10:30-11:00- Chair Yoga 11:00-1:00 Karaoke	26 9:00-10:00-Coffee & News 11:45-12:30 Tech Class 11:00-11:45- Nail Salon 11:30- 12:30 Art's & Crafts 12:00-1:00- Movie Day	27 9:00-10:00 -Coffee/ News 9:30-10:30 Weight Training 11:00- 12:00 Movie 12:15-1:00 Bingo	28	