

FRANK BERGON
T/W/TH
9:00AM-1:30PM
(559)673-4293

DECEMBER 2024



SUN	MON	TUES	WED	THU	FRI	SAT
1. DAY TRIPS ARE SUBJECT TO CHANGE (MUST R.S.V.P)	2.	3. 9:00-10:00- COFFEE/ CURRENT EVENTS 10:00-10:30- DRUMMING TO THE BEAT 10:00-1:00 - KARAOKE	4. AGING COMMUNITY ACTION PLAN SURVEY EVENT 10:30-11:30 / LUNCH INCLUDED	5. 9:00-10:00-COFFEE/NEWS 9:30-10:30-WEIGHT TRAINING 10:15-11:15 -TECH CLASS 12:15-1:00 -LOTERIA	6.	7. PAN-AM MONDAY-FRIDAY 9:00AM-2:00PM (559)675-2095
8.	9.	10. 9:00-10:00- COFFEE/ CURRENT EVENTS 10:00-10:30- DRUMMING TO THE BEAT 10:00-1:00 - KARAOKE	11. 9:00-10:00-COFFEE/ NEWS 10:00- 11:00 BRAIN TECH CLASS 10:00-1:00 HOBBY LOBBY 11:00-11:45 -NAIL SALON 11:45-12:30 TECH CLASS 11:30-1:00 MOVIE DAY	12. 9:00-10:00-COFFEE/NEWS 9:30-10:30-WEIGHT TRAINING 10:15-11:15 -TECH CLASS 12:15-1:00 -LOTERIA	13.	14. Parks Make Life Better!
15.	16.	17. 9:00-10:00- COFFEE/ CURRENT EVENTS 10:00-10:30- DRUMMING TO THE BEAT 10:00-1:00 - KARAOKE	18. Santa Claus"/> CLOSED EVENT AT PAN-AMERICAN CENTER BREAKFAST WITH SANTA	19. 9:00-10:00-COFFEE/NEWS 9:30-10:30-WEIGHT TRAINING 10:15-11:15 -TECH CLASS 12:15-1:00 -LOTERIA	20.	21.
22. The City of Madera logo: Proudly serving residents in the heart of California. City of Madera California. Incorporated 1907.	23.	24. THE PROGRAM WILL BE OPEN HALF A DAY 9:00 AM- 1:00 PM	25. CLOSED sign hanging from a string with Merry Christmas written below it.	26. CLOSED sign hanging from a string.	27.	28.
29.	30.	31. THE PROGRAM WILL BE OPEN HALF A DAY 9:00 AM- 1:00 PM		Illustration of a Christmas tree and a house.	Illustration of a house and a Christmas tree.	

EXERCISE CLASSES

PAN-AM

M/W/F

BAILOTERAPIA

9:00-10:00



DECEMBER 2024

SUN	MON	TUES	WED	THU	FRI	SAT
1. DAY TRIPS ARE SUBJECT TO CHANGE (MUST R.S.V.P)	2. 9:00-10:00-COFFEE/ NEWS 9:15-10:15 -WALKING CLASS 10:00-10:30- CHAIR YOGA 11:00-11:45 -TECH CLASS 11:30-1:00 -PICKLEBALL 12:00-1:00 -ARTS & CRAFTS	3. 9:00-10:00- COFFEE/ NEWS 10:00-10:30- DRUMMING TO THE BEAT 10:30-11:00-COLOR BY NUMBER 11:00-1:00 -MOVIE DAY (PAC)	4. AGING COMMUNITY ACTION PLAN SURVEY EVENT @ FRANK BERGON SENIOR CENTER LUNCH INCLUDED /10:00 AM -11:30 AM	5. 9:00-10:00-COFFEE/NEWS 9:30-10:30-WEIGHT TRAINING 10:15-11:15 -TAI-CHI 12:15-1:00 -LOTERIA	6. 9:00-10:00 -COFFEE/ NEWS 9:15-10:15 -WALKING CLASS 10:30-1:30 -KARAOKE	7. PAN-AM MONDAY-FRIDAY 9:00AM-2:00PM (559)675-2095
8.	9. 9:00-10:00-COFFEE/ NEWS 9:15-10:15 -WALKING CLASS 10:00-10:30- CHAIR YOGA 11:00-11:45 -TECH CLASS 11:30-1:00 -PICKLEBALL 12:00-1:00 -ARTS & CRAFTS	10. 9:00-10:00- COFFEE/ NEWS 10:00-10:30- DRUMMING TO THE BEAT 10:30-11:00-COLOR BY NUMBER 11:00-1:00 -MOVIE DAY (PAC)	11. 9:00-10:00-COFFEE/ CURRENT EVENTS 10:00- 1:00 PM 11:00-11:45 -NAIL SALON (PAC) 11:30-1:00 -PICKLEBALL 12:30-1:30 -KNIT 'N' KNOTS	12. 9:00-10:00-COFFEE/NEWS 9:30-10:30-WEIGHT TRAINING 10:15-11:15 -TAI-CHI 12:15-1:00 -LOTERIA	13. 9:00-10:00 -COFFEE/ NEWS 9:15-10:15- WALKING CLASS 10:30-1:30- KARAOKE SOCIAL DANCE!!! 5:30-8:30 P.M	14. Parks Make Life Better!
15.	16. 9:00-10:00-COFFEE/ NEWS 9:15-10:15 -WALKING CLASS 10:00-10:30- CHAIR YOGA 11:00-11:45 -TECH CLASS 11:30-1:00 -PICKLEBALL 12:00-1:00 -ARTS & CRAFTS	17. 9:00-10:00 -COFFEE/ NEWS 10:00-10:30 -DRUMMING TO THE BEAT 10:30-11:00-BRAIN TEASER 11:00-1:00 -MOVIE DAY (PAC)	18.  BREAKFAST WITH SANTA EVENT AT PAN- AMERICAN CENTER	19. 9:00-10:00-COFFEE/NEWS 9:30-10:30-WEIGHT TRAINING 10:15-11:15 -TAI-CHI 12:15-1:00 -LOTERIA	20. 9:00-10:00- COFFEE/ NEWS 9:15-10:15- WALKING CLASS 10:30-1:30-KARAOKE	21.
22. 	23. 9:00-10:00-COFFEE/ NEWS 9:15-10:15 -WALKING CLASS 10:00-10:30- CHAIR YOGA 11:00-11:45 -TECH CLASS 11:30-1:00 -PICKLEBALL 12:00-1:00 - GIFT EXCHANGE	24. THE PROGRAM WILL BE OPEN HALF A DAY 9:00 AM -1:00 PM	25.  <i>Merry Christmas</i>	26. 	27. THE PROGRAM WILL BE OPEN HALF A DAY 9:00-1:00 PM	28. 
29.	30.	31. THE PROGRAM WILL BE OPEN HALF A DAY 9:00 AM -1:00 PM				