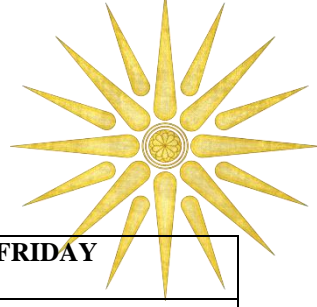


JUNE 2019 SENIOR MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>*Meals Are Subject to Change Without Notice</u>				
3 Pork Chili Verde Refried Beans Flour Tortilla Tropical Fruit	4 Macaroni & Cheese Tossed Salad W/ Broccoli Pineapple Tidbits Pudding	5 Beef Stroganoff Peas & Carrots Sourdough Bread Sliced Apples	6 Cheeseburger Tomato/Lettuce/Onion Pork & Beans Cantaloupe	7 Beef & Vegetable Stew Egg Noodles Hi C Salad Diced Peaches
10 Breaded Chicken Drumstick Steamed Carrots Wheat Bread Tropical Fruit	11 Breaded Fish Salad W/Broccoli Wheat Roll Honeydew	12 Pepper Steak W/Gravy Mashed Potatoes Caesar Salad Dinner Roll Pineapple Bits	13 Fettuccini Alfredo W/Chicken Hi C Salad Sourdough Bread San Joaquin Dessert	14 Hot Dog on a Wheat Bun Pickled Beets Apple Slices
17 BBQ Chicken Thigh Peas & Carrots Wheat Bread Tropical Fruit	18 Albacore Tuna Sandwich Vegetable Soup Cantaloupe Pieces	19 Spaghetti W/Meat Sauce Caesar Salad Sourdough Bread Diced Peaches	20 Taco Salad W/ Seasoned Beef Refried Beans (Cheese, Cabbage & Cilantro) Diced Pears	21 Cheeseburger Tomato/Lettuce/Onion Potato Salad Apple Slices
24 Meatloaf Mashed Potatoes Wheat Roll Pineapple Bits	25 Seasoned Beef & Bean Build your own Burrito Tossed Salad W/Broccoli Diced Peaches	26 Cheese Lasagna Carrot/Raisin Salad Sourdough Bread Tropical Fruit	27 BBQ Pork Sandwich Coleslaw W/ Carrots Honeydew	28 Chinese Chicken Stir Fry Rice Cantaloupe Pudding

Funding through: Fresno-Madera Area Agency on Aging ~All meals include Low Fat Milk

Suggested Donation: \$2.50

Non-Senior Rate: \$5.75