



JULY 2026



Pan-American Community Center
703 Sherwood Way - Madera, CA
Monday-Friday 9 am - 2pm
(559) 675-2095

Monday

Tuesday

Wednesday

Thursday

Friday

Activity Schedule

		1 9 -10 Coffee & News 9-10 Bailoterapia (Gym) 10:30-11 Weight Training 12:00-1:00- BINGO	2 9 -10 Coffee & News 10:30-11 Weight Training 10-1 Pickleball 12:15-1:45 Afternoon Movie 9-1:00-Day Trip	3 Center Closed
6 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:15 -10:45-Ball Drumming 11:30-1 Pickleball 12-1:00 BINGO	7 9 -10 Coffee & News 9:15 -10:15 Walking Class (Gym) 10:15-10:45 Chair Yoga 10-1 Pickleball 11 - 11:45 Tech Class	8 9 -10 Coffee & News 9-10 Bailoterapia (Gym) 10:30-11 Weight Training 12:00-1:00- BINGO	9 9 -10 Coffee & News 10:30-11 Weight Training 10-1 Pickleball 12:15-1:45 Afternoon Movie 9-1:00-Day Trip	10 9 -10 Coffee & News 9-10 Bailoterapia 10:30-1:30 Karaoke
13 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:15 -10:45-Ball Drumming 11:30-1 Pickleball 12-1:00 BINGO	14 9 -10 Coffee & News 9:15 -10:15 Walking Class (Gym) 10:15-10:45 Chair Yoga 10-1 Pickleball 11 - 11:45 Tech Class	15 9 -10 Coffee & News 9-10 Bailoterapia (Gym) 10:30-11 Weight Training 12:00-1:00- BINGO	16 9 -10 Coffee & News 10:30-11 Weight Training 10-1 Pickleball 12:15-1:45 Afternoon Movie 9-1:00-Day Trip	17 9 -10 Coffee & News 9-10 Bailoterapia 10:30-1:30 Karaoke
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27 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:15 -10:45-Ball Drumming 11:30-1 Pickleball 12-1:00 BINGO	28 9 -10 Coffee & News 9:15 -10:15 Walking Class (Gym) 10:15-10:45 Chair Yoga 10-1 Pickleball 11 - 11:45 Tech Class	29 9 -10 Coffee & News 9-10 Bailoterapia (Gym) 10:30-11 Weight Training 12:00-1:00- BINGO	30 9 -10 Coffee & News 10:30-11 Weight Training 10-1 Pickleball 12:15-1:45 Afternoon Movie 9-1:00-Day Trip	31 Potluck

Bailoterapia

M, W, & F
9 -10 am

Walking Class

Tuesdays & Fridays
9:15-10:15 AM

Pickleball

M, T & Th
10 a.m. - 1 p.m.

Chair Yoga

Tuesdays
10:15-10:45 AM

Weight Training

W & TH
10:30-11 AM

Dinner Dance at FAB

Will return August 14, 2026
Monthly Potluck at Pan-AM
Join us for our Monthly Potluck on
Fri. July 24th

@ 11:15am

RSVP with Staff

LUNCH IS SERVED

M-F @ 11:30 AM

***Participants must be at least
60 years old and must reserve lunch
by 10:30 a.m. the day prior**

All programming and Day trips are
subject to change