



Parks Make Life Better!

# MAY 2026

Pan-American Community Center  
703 Sherwood Way - Madera, CA  
Monday-Friday 9 am - 2pm  
(559) 675-2095

Monday	Tuesday	Wednesday	Thursday	Friday
				1 9-10 Coffee & News 9-10 Bailoterapia 10:30-1:30 Karaoke
4 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:15 -10:45 BINGO 11:30-1 Pickleball 12-1:45 Movie	5 9-10 Coffee & News 9:15 -10:15 Walking Class (Gym) 10:15-10:45 Chair Yoga 10-1 Pickleball 11 - 11:45 Tech Class	6 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:30-11 Weight Training 11:15-11:45 Nail Salon 12:30-1:30 Mothers day Craft 9-1pm Day trip Kerman Wal Mart	7 9-10 Coffee & News 10:30-11 Weight Training 10-1 Pickleball 12:15-1:45 BINGO	8 9-10 Coffee & News 9-10 Bailoterapia 10:30-1:30 Karaoke <i>Mothers Day Celebration</i>
11 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:15 -10:45 BINGO 11:30-1 Pickleball 12-1:45 Movie	12 9-10 Coffee & News 9:15 -10:15 Walking Class (Gym) 10:15-10:45 Chair Yoga 10-1 Pickleball 11 - 11:45 Tech Class	13 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:30-11 Weight Training 11:15-11:45 Nail Salon 12:30-1:30 Craft	14 9-10 Coffee & News 10:30-11 Weight Training 10-1 Pickleball 12:15-1:45 BINGO	15 9-10 Coffee & News 9-10 Bailoterapia 10:30-1:30 Karaoke Dinner Dance
18 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:15 -10:45 BINGO 11:30-1 Pickleball 12-1:45 Movie	19 9-10 Coffee & News 9:15 -10:15 Walking Class (Gym) 10:15-10:45 Chair Yoga 10-1 Pickleball 11 - 11:45 Tech Class	20 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:30-11 Weight Training 11:15-11:45 Nail Salon 12:30-1:30 Craft	21 9-10 Coffee & News 10:30-11 Weight Training 10-1 Pickleball 12:15-1:45 BINGO	22 9-10 Coffee & News 9-10 Bailoterapia 10:30-1:30 Karaoke
25 <b>MEMORIAL DAY</b> <b>CLOSED</b>	26 9-10 Coffee & News 9:15 -10:15 Walking Class (Gym) 10:15-10:45 Chair Yoga 10-1 Pickleball 11 - 11:45 Tech Class	27 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:30-11 Weight Training 11:15-11:45 Nail Salon 12:30-1:30 Tissue paper flower Craft 9-1pm Day trip Maya Cinemas	28 9-10 Coffee & News 10:30-11 Weight Training 10-1 Pickleball 12:15-1:45 BINGO	29 <b>Potluck &amp; "Senior's Got Talent" Show</b>

**Bailoterapia**  
M, W, & F  
9-10 am

**Walking Class**  
Tuesdays & Fridays  
9:15-10:15 AM

**Pickleball**  
M, T & Th  
10 a.m. - 1 p.m.

**Chair Yoga**  
Tuesdays  
10:15-10:45 AM

**Weight Training**  
W & TH  
10:30-11 AM

**Dinner Dance at FAB**  
5/15 5:00 PM - 8:00 PM  
\$3.00 per person

**Monthly Potluck at Pan-AM**  
Join us for our Monthly Potluck on Fri. May 29th @ 11:15am  
RSVP with Staff  
**LUNCH IS SERVED**  
M-F @ 11:30 AM

\*Participants must be at least 60 years old and must reserve lunch by 10:30 a.m. the day prior