



**Parks
Make
Life
Better!**

DECEMBER 2025

Pan-American Community Center
703 Sherwood Way - Madera, CA
Monday-Friday 9 am - 2pm
(559) 675-2095

Sun	Mon	Tue	Wed	Thu	Fri	Sat	<u>Activity Schedule</u>
	1 9-10 Coffee & News 9:15-10:15 Walking Class (Gym) 10:15 -10:45 Board Games 11-11:45 Tech Class 11:30-1 Pickleball 12-1 Movie	2 9 -10 Coffee & News 9:15 -10:15 Walking Class (Gym) 10:15-10:45 Chair Yoga 11 - 11:45 Tech Class 12 -1 Movie	3 9 -10 Coffee & News 10:30-11 Weight Training 11:15-11:45 Nail Salon 11:30-1 Pickleball 12:30-1:30 Art Craft	4 9 -10 Coffee & News 10:30-11 Weight Training 11:15-11:45 Nail Salon 11:30-1 Movie 12:30-1:00 Bingo	5 9 -10 Coffee & News 9:15-10:15 Walking Class (Gym) 10:30-1:30 Karaoke	6	Bailoterapia M, W, & F 9 -10 am Walking Class Tuesdays & Fridays 9:15-10:15 AM Chair Yoga Tuesdays 10:15-10:45 AM Weight Training W & TH 10:30-11 AM Dinner Dance at FAB 12/12 @ 5:00 PM - 8:00 PM Christmas Luncheon at Pan-AM 12/18 @ 11:15 AM LUNCH IS SERVED M-F @ 11:30 AM *Participants must be at least 60 years old and must reserve lunch by 10:30 a.m. the day prior Join us for our Christmas Luncheon Potluck on Tuesday, December 18th Bring a delicious dessert to share.
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